

**PRESS ANNOUNCEMENT
For Immediate Release**

Contact:

Jennifer Hamamoto, Programs Manager
Japanese Cultural and Community Center of Northern California (JCCCNC)
1840 Sutter Street; San Francisco, CA 94115
(415) 567-5505 / jhamamoto@jcccnc.org
www.jcccnc.org

Get Out and Get Active with the JCCCNC!

June 3, 2014 (San Francisco) – The 2014 Japanese Cultural and Community Center of Northern California’s (JCCCNC) Annual Track Meet and Family Undokai will be held on Sunday, June 22, 2014 at Palo Alto High School, 50 Embarcadero Ave., Palo Alto. Registration begins at 8:30 a.m. and track events kick off at 9:00 a.m.



Eight age divisions, ranging from 6 years and under to a Masters Division for those 30 and older will compete in exciting track and field events such as the 400 meter sprint, and long jump. In addition, the family undokai competition will have parent and child teams compete in a three-legged race, a spoon and egg race, and a donut on a string contest. There will also be a community potluck picnic for lunch with all participants. If interested in joining the community picnic, the JCCCNC recommends bringing

a main dish and side (rice, salad or fruit) enough for your family plus four.

This year the JCCCNC is fortunate to have the Nikkei Lions as an event sponsor. Entry fee is only \$15 per person for JCCCNC members and \$20 for non-members. All participants receive a commemorative event t-shirt. The deadline to enter is Tuesday, June 13. Please note that all participants must be pre-registered, no same-day registrations will be allowed. To download an entry form, visit the JCCCNC website at http://www.jcccnc.org/ai1ec_event/family-undokai-track-meet/?instance_id=26548. For more information, call Jennifer Hamamoto at the JCCCNC at (415) 567-5505, ext. 227, or e-mail jhamamoto@jcccnc.org.

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About the JCCCNC

Envisioned by the Japanese American community, JCCCNC will be an everlasting foundation of our Japanese American ancestry, cultural heritage, histories and traditions. The JCCCNC strives to meet the evolving needs of the Japanese American community through programs, affordable services and facility usage. The JCCCNC is a non-profit community center based in San Francisco.