

**PRESS ANNOUNCEMENT
For Immediate Release**

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**Cooking with Sonoko Sakai at the JCCCNC
Japanese Rice: Savory, Sweet, and Fermented**

San Francisco (February 24, 2015) – The Japanese Cultural and Community Center of Northern California (JCCCNC) invites you to their upcoming workshop, Cooking with Sonoko Sakai - Japanese Rice: Savory, Sweet, and Fermented, on Saturday, March 21, 2015 from 10:00 a.m. to 1:00 p.m., followed by a presentation by Robin Koda of Koda Farms, the oldest family owned and operated rice farm and mill in California. The workshop will be held at their facility on 1840 Sutter Street in San Francisco.



Join food writer, teacher, and founder of Common Grains, Sonoko Sakai, as she shares her knowledge and passion for rice and other whole grains. She will demonstrate how healthy meals are prepared with brown, white rice and mixed whole grains and legumes. The workshop will include *chirashi sushi* (salad style sushi) using seafood, seasonal vegetables, roasted sesame, ginger and shiso leaves; a seasoned rice dish with sukiyaki beef, *shirataki* and pickled ginger. Sakai will also demonstrate how to make miso soup and fermented *nuka* (rice bran pickles) from scratch.

Dessert will be *shiratama*, a light *mochi* (sweet rice cake) made with rice flour served with homemade sweetened adzuki bean paste.

For more information or to register for the workshop, call the JCCCNC at (415) 567-5505 or email programsevents@jcccnc.org.

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About the JCCCNC

Envisioned by the Japanese American community, JCCCNC will be an everlasting foundation of our Japanese American ancestry, cultural heritage, histories and traditions. The JCCCNC strives to meet the evolving needs of the Japanese American community through programs, affordable services and facility usage. The JCCCNC is a non-profit community center based in San Francisco.