

## **PRESS ANNOUNCEMENT For Immediate Release**

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### **JCCCNC presents AARP Senior Driving Certification Workshop**

*SAN FRANCISCO (May 27, 2009)* - The Japanese Cultural and Community Center of Northern California (JCCCNC) has begun registration for the American Association of Retired Persons (AARP) Driver Safety Course. The AARP Driving Safety Course will be held on Wednesday and Friday, June 17 and 19, 2009 from 1:00 to 5:00 p.m. at the JCCCNC, 1840 Sutter Street in San Francisco's Japantown. Mr. Gary Deluhery, from AARP will be making the presentation.

AARP's Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older that has helped millions of drivers remain safe on today's roads. This 8-hour course is designed to help you tune up your driving skills and update your knowledge of the rules of the road; learn about normal age-related physical changes, in vision, hearing and reaction time and how to adjust your driving to allow for these changes; reduce traffic violations, crashes and chances for injuries; and drive more safely.

You can expect to learn about maintaining proper following distance at all times; the safest way to change lanes and make turns; the effects of medications on driving; minimizing the effect of dangerous blind spots; limiting driver distractions; properly using safety belts, air bags and anti-lock breaks; maintaining physical flexibility; and continuing to monitor your own and others' driving skills and capabilities.

The course is open to participants over 50 years of age and AARP membership is not required to take the course. Graduates may be able to qualify for a discount on auto insurance. (Please check with your insurance agent.)

The fee for this course is \$12 for JCCCNC or AARP members and \$14 general. The class is limited to 16 students. For more information or to enroll in this course, please contact the JCCCNC at (415) 567-5505 or e-mail [programsevents@jcccnc.org](mailto:programsevents@jcccnc.org).

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**About the JCCCNC**

Envisioned by the Japanese American community, the JCCCNC will be an everlasting foundation of our Japanese American ancestry, cultural heritage, histories and traditions. The JCCCNC strives to meet the evolving needs of the Japanese American community through programs, affordable services and administrative support and facilities for other local service organizations. The JCCCNC is a 501(c)(3) non-profit community center based in San Francisco.